



## Florida Fishing Academy Pollution 101 6-8

### What is pollution?

Pollution: anything that's introduced into the environment that has the potential to negatively influence the quality of life for humans, plants, or animals.

There are lots of different kinds of pollution: water, air, land, radioactive, thermal, noise, light and more.

Learn more about pollution here:

<https://www.youtube.com/watch?v=OqHp03RRTDs>

Examples of pollution include trash, food waste, cardboard boxes, plastic water bottles, lights, cars, cleaning supplies, fishing gear and more.

A few ways you can reduce pollution in your own home:

- Recycle- You can recycle waste like plastic and paper into a recycling bin
- Turn off the lights when you leave a room- this saves energy
- Reuse paper and use scrap paper
- Turn off the water when you are brushing your teeth- you can save almost 6 gallons or milk jugs of water per week
- Compost- Composting is when you take food waste and let it break down back into soil
- Skip the straw in your next beverage
- Get others to reduce their waste

Often times our waste makes its way into the ocean which can harm sea animals.

How much plastic is in the Ocean? <https://youtu.be/YFZS3Vh4lfi>

Ocean Pollution Article: <https://www.nrdc.org/stories/ocean-pollution-dirty-facts>



We challenge you to reduce your waste this week! Share with us one way you plan on reducing your waste.

#reduceyouruse

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